

# VILLAGE NEWSLETTER

Volume No 143

April 2010

## Mangere Mountain Education Centre

Walk the present....Discover the past!

Book in for a tour of our sacred mountain and you will walk away with a deeper understanding and connection with many of the treasures here in Mangere.



### TOITU TE WHENUA COMMUNITY GARDENS

Do you want to become a gardener but don't know where to start? Mangere Mountain Education Centre is developing a gardening programme which is aimed at encouraging families/individuals to eat healthy and develop gardens at home.

FOR MORE INFO PLEASE CONTACT CENTRE STAFF: Ph 09 634 7305

Email: [mangeremountain@xtra.co.nz](mailto:mangeremountain@xtra.co.nz) or visit 100 Coronation Road, Mangere Bridge

## Hospice South Auckland

Caring for our community is a walk in the park!

The Sunshine Walk is an opportunity to get your girlfriends together and start the Day by walking whilst raising much needed funds for Hospice South Auckland.

The DHB partially funds our service; however this year we must raise \$2.68 million to cover operational and capital costs. We hope the inaugural Sunrise Walk for Hospice will contribute towards these costs. Ladies, you will be helping to keep our doors open and our services free!

The Sunrise Walk for Hospice isn't a race. Whilst it is for both walkers and runners, the spirit is one of friendship and support

for each other. There will be a choice of walking or running approximately 5km or 10kms as individuals or as teams through the beautiful Auckland Botanical Gardens and Totara Park in Manurewa. We will raise funds by collecting registration fees and through participant sponsorships.

Every team and individual entered in the Sunrise Walk has the chance to win some great prizes! There's a major travel package, heaps of spot prizes, plus a spending spree to be won!

[www.hospice.co.nz](http://www.hospice.co.nz)

### Ambury park centre for Riding Therapy

Riding Lessons: April 2010 – 7,8,14,15 for children aged 5 upwards  
For info and bookings please contact

E: [Debbie.Freeman@amburyparkcentre.org.nz](mailto:Debbie.Freeman@amburyparkcentre.org.nz)  
P: 09 6340763

### Old copies of Village Newsletter

The Manukau Research Library is trying to locate old copies of the newsletter, if anyone has any of the following can you please get in touch with me at [newsletter@mangerebridge.co.nz](mailto:newsletter@mangerebridge.co.nz) or 021 815 184 - Issue #'s: 2-11, 13-20, 24, 87.

## What's on at the Bridge

Every Wed	Mangere Bridge Plunket Indoor Bowls Names by 7.20pm Mangere Memorial Hall
Every Thu	Bridge Art Group 9am to Noon Memorial Hall
2nd Sun's	Sunday Walking
Every Wed	Tibetan Buddhist Class 7:30pm
Wed	Brownies 6 - 7.30pm
Mon	Guides 6 - 8pm
Every Mon	CMA Day Care 9:30am - 12:30pm Methodist Church Hall
Mon	W.I. second Monday of the month
Cub Scouts	Wednesdays 5:30-7:00pm 7 1/2 - 10 1/2 years
Kea Scouts	Tuesdays 4.30 - 5.30pm 5 1/2 - 7 1/2 years
Scouts	Thursdays 6:30 - 8:30pm 10 1/2 - 14 1/2 years
Mon/Tue/Thu	Plunket Playgroup 9.00am - 11.30pm
Wed	Plunket Toy Library 9:30am - 10:30am Non-recycle bin week
Sat	Plunket Toy Library 9.30am - 10.30am Every Week
Mon/Thu	Plunket Car Seat Rentals 12.45 - 2.45pm Plunket Rooms. 5 Taylor Road. M/Bridge
Tue - Thur	Mangere Bridge Walking group 9:00am
Mon, Tues, Wed, Fri	Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road
3rd Wed	R & R Meeting 7.30pm St James Church Hall
Every Fri	Sing-a-long Storytime 10.30am Library
Mon/Wed	Senior Citizens Housie, 1.00pm Bridge Crt Hall
Mon	St John Youth- every Mon 6:30 - 8:00pm
Wed	Exercise Classes with DYNABANDS Manukau Yacht Club 6.30pm - 7.30pm
Wed	Yoga 6.30 - 8 pm Mangere Mountain Education Centre
Art & Craft	1st & 3rd Saturday of the month Village Sq Market
1st Thu	Senior Citizens Travel Club, Day Trips every first Thursday Phone 634 1062
Mon & Wed	Morning Tai Chi all ages - 10am Chinese Comm Centre, 99 Taylor road - Phone 266 7473
Mon	Tai Chi All ages, \$6 for students - 7pm St James' Church Hall - Phone 266 7473

Do you have a regular event you would like to list here? please email it to [newsletter@mangerebridge.co.nz](mailto:newsletter@mangerebridge.co.nz)

### Copy Deadline for May 2010

Deadline for the April Issue is the 22nd Apr 2010. To ensure that your article makes the May issue email your articles to [articles@mangerebridge.co.nz](mailto:articles@mangerebridge.co.nz) Fax: 634-4251 or they can be dropped into Harcourts Mangere Bridge between 9 and 5.

We cannot guarantee a definite delivery time for the Village Newsletter, however we will do our best to have it delivered before the advertised upcoming events

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## Village Happenings

with Carol-Anne

The community dressed in green for St Patrick's Day. Lunch time shoppers were treated to Irish music from the Shillelagh Duo. The Ivory Tinkler, two singers and a fiddler entertained in the evening. The winner of the best decorated window was Bridge Fruit & Veg who had their very own Leprechaun for luck!

Our next big event is the Autumn Festival Weekend. There will be Road Closure and No Parking signs erected.

### Jazz & Blues Fest - Sat 17 Apr, 5pm - 9.30pm

**Including:** The DeSotos, R.O.A.R., Chicane Duo, North Harbour Swing Band, Frank E. Evans Band, Chicago Jazzmen. Bring the family, neighbours, a rug/chair, bottle of wine and enjoy a picnic on the Village Green.

### Food & Wine Festival - Sun 18 Apr, 11am - 4pm

Most of last year's stallholders have registered plus others. From 12pm-1pm there is entertainment followed by Roger Skinner & the Motivation who will get you dancing. The miniature train, pony & cart rides and face painting will keep the children busy.

### Village Focus:

Did you know that you could eat out at the Village every day of the week and have something different each day? We have a great variety of eateries. Here is sample from the east side of Coronation Road.

**Hong Kong Takeaways (previously Alkas)** ~ Ben and Moon, have taken over the lease and the shop has been refurbished. Pop in and say hello and sample their Chinese and European food and noodles.

**Brandy's Roasts** ~ Kevin and Brandon cook fabulous roast dinners with meat that melts in your mouth - their own secret recipe! They also have a range of desserts and slices. Dine in or take away.

**Neptune Seafoods** ~ Order from the board or choose your own fish from the window. They also sell mussels and scallops.

**Subway** ~ For the health conscious, choose a Sub, or wrap, with your own fillings. They take phone orders.

**Happy Horse** ~ Jim and his family cook a variety of Chinese and European foods and are open till 10.30pm.

**Coronation Takeaways** ~ Henry has a large black-board menu to choose from including a selection of burgers.

Office contact details: Phone: 636 7491, E-mail: mbvillage@maxnet.co.nz

kind regards *Carol-Anne Armitage*

Village Manager

Mangere Bridge Progressive Business Association

## Accountant

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email: kensylholdings@xtra.co.nz

## Silver Sneakers

Serious Exercise for Seniors. Good News! You can become fit and flexible at any age. Silver Sneakers group exercise is a fun way of shrugging off life's challenges, at any age. Sore back, weak arms, trouble standing/sitting/bending. Getting shorter, lack of balance, two left feet, aching joints, poor memory, short of breath, cannot concentrate, restless sleep, depressed...our best step back to health, and to maintaining health is through movement. The secret is to exercise smarter, not harder. Kimi's carefully selected exercises are purposefully chosen to stretch, strengthen, address imbalances, energise, distress and focus on you. Come along, slap on a smile, sing-a-long and dance away your worries. Keep your mind and body fresh with an extensive variety of movements.

Silver Sneakers Group Fitness

Tues & Thurs 9.30-10.30am

Senior Citizens' Hall, 3 Pearce Street, Onehunga

Kimi Ph: 6300629 kimi.w.nz@xtra.co.nz

First Class FREE, thereafter \$4 class

## The lions are roaring!

By the time this article is circulated the Mangere Bridge Lions would have completed their first project organizing the RNZFB red puppy appeal from

26-28 March with collections in the shopping centre on Friday 27, Saturday 28 March.

At the last meeting District Governor Colin Twynan was present to meet new members Alan Bray and Ian Ellice and other interested residents plus the Papatoetoe Lions Club - the sponsoring club.

A decision was made on the painting of the Guide Hall roof after a recommendation to accept Clive Mitchell, of Auckland Professional Painters Ltd Mangere Bridge, offer to provide labour and paint. Also to provide paint at cost to do the outside walls and doors.

## GAC Raffle

The GAC raffle on sale at the Onehunga Festival on Saturday 20 March was won by **Virginia Taylor** of Mangere Bridge - ticket #34.

Our thanks to all those who continue to support The Greater Auckland Chorus in our fund-raising efforts to represent New Zealand at the International Competitions in Seattle in October this year.

Funding for the second part of the project is to be raised. Next fundraising will be held at the Mangere Bridge Yacht Club Sunday 11 April with a BBQ. More details to be advised at the next meeting.

Next Meeting: Thursday 8 April, 7.15pm @

Church Hall, Church Street, MBridge

Contact: David Fox 2709343 Graham

2682245 Reg 2783715



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66 Kiwi Esplanade, Mangere Bridge

# Official opening for Health Clinic

Mangere Bridge Village Family Health Centre  
41 Coronation Road, Mangere Bridge  
Ph: 09 2544290 Fax: 09 2544291  
E: [bridgereception@mangerehealth.org.nz](mailto:bridgereception@mangerehealth.org.nz)  
W: [www.mangerehealth.org.nz](http://www.mangerehealth.org.nz)

Moving in 12th April 2010 – Official unveiling and blessing  
Opening Doors to patients : **19 APRIL 2010**

Situated in the heart of Mangere Bridge Village we aim to provide personal and comprehensive primary health care to all of our patients. As well as a wide range general practioner and nursing services at a low cost, we will also provide access within the practice to appointments with:

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There will also be a Pharmacy on the premises for patient convenience.

As part of the Mangere Community Health Trust, we also have access to additional services such as Community workers, a dedicated Smoking Cessation team and Tattoo Removal.

**PHONE, EMAIL OR POP IN TO MAKE AN APPOINTMENT**

**WE LOOK FORWARD TO MEETING YOU!**

## Icon Security Group

It is disappointing to note this month that there has been a spate of break-ins on fast food premises. The offenders are targeting cash floats left in the tills and are safe in the knowledge that the business concerned has no alarms and minimal security measures.

As we have mentioned in previous reports, we strongly recommend that all businesses invest in an alarm system and have it monitored. Basic alarm packages start at around \$500 and together with prominent security signage and a nominated response company provide a very good deterrent. We would also recommend that all cash is removed offsite or at least to a safe and that tills are left open after house.

On a more positive note, the ICON Group Security patrols were recently involved in the successful apprehension of local taggers and ICON Group will be providing security at the forthcoming Autumn Festival.

If you would like assistance with your security needs please contact,  
Anton Welsh 09 4149629 or [awelsh@icongroup.co.nz](mailto:awelsh@icongroup.co.nz)

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## Harcourts Mangere Bridge Sales Consultant



*Jackie Kirk*

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## Mangere Bridge Walking Group

Now that the cooler temperatures are here, those folk who have had good intentions ever since Christmas can put on their walking shoes and meet up with the ever growing number of people who gather in the Village Square. This is near the Noticeboard at the Bridge, at 8.50am. We leave at 9.00am and take ever changing routes through the bridge Streets, over the old bridge and along the boardwalk on the Onehunga side, up the mountain and along the esplanade.

The blue shirts are a familiar sight to many residents. The excuse of not being able to keep up is not acceptable, as there are the energetic and fast walkers, medium paced (walkers and talkers) and those who walk within their own capabilities (natterers and chatterers).

A welcome cup of coffee is enjoyed after the walk and everyone goes home feeling better for the chance to get out of their homes, get some fresh air and exercise and also some social chat.

We hope to see you join us soon!

## Mangere Historical Society – archeology lesson

Our speaker at St James Church Hall on Tuesday 16th March was Barry Barquie. He is a self employed archeologist who has been working on the area around Albert Park, beside the Art Gallery. There has been the demolition of part of the building and new extensions taking place.

Several pieces of history were uncovered by the big digging machinery. A portion of the wall from the days of the Albert Barracks, a midden from the Maori occupation, broken crockery from the time of the early soldiers stationed there, concrete ornamentation from pillars used on the outside of the building were all displayed on a screen.

This made it easy to see just what he was meant as he described each find. He had a detailed map of the four miles of tunneling under Albert Park and this stirred memories amongst some of our members, of entering these in their younger days. This was truly a look at the past of Auckland City through the years.

The president and Secretary attended the Federation of Historical Societies Conference, hosted by the West Auckland Society at Henderson, Huia, Whatipu and Titirangi. This is an area not so well known to the Mangere reps and they enjoyed their learning experience wandering around the wonderful Huia Museum, listening to some of the history of the Watipu locality and mingling with other like minded folk.

The Historical Society at Mangere Bridge is growing in numbers each meeting. We welcome everybody to come and listen to our speakers, contribute their knowledge and enjoy meeting other people. The next meeting is to take place at St James Church Hall, Church Road Mangere Bridge at 1.30pm on April 20th. The speaker will be Stan Ansell speaking about War Stories. See you there.

## Award winning house in Mangere Bridge

A home built late 2009 in Mangere Bridge has received three national awards for architectural design, and is currently nominated for the prestigious award of the Gold medal of NZ Architecture. In May of this year it will be published in the biggest home magazine in the world, being Dwell out of San Fransico.

The home was designed by Michael O'Sullivan of Bull and O'Sullivan Architecture Ltd of Auckland City. Completed on a small budget and set on a small site, the home is filled with delightful detail:

Banks of glass windows, rich cedar shutters, warm kauri plywood walls and beautiful marble in the kitchen and bathroom.

If you are looking to build or renovate then please contact Michael O'Sullivan 09 3581237 or [www.bosarchitecture.co.nz](http://www.bosarchitecture.co.nz)



## DKL Property Maintenance

### Rubbish Removal Lawn Mowing

Contact details  
Andrew

Mobile 0212881955

Email [ag\\_george@hotmail.com](mailto:ag_george@hotmail.com)

## Rotary Club of Mangere

Rotary are celebrating 100 years of community service. Founded in 1905 we are located in 166 countries.

Rotary New Zealand now has 250 clubs and 10,000 members who over the years have helped establish many of the country's most trusted helping organizations.

Rotary typically go about their community service without fanfare and Rotarian achievements often go unrecognized.

If you thinking of joining a reputable, community minded organization we would love to see you.

Please join us at:

The Holiday Inn

2 Ascot Road, Mangere

Tuesday evenings 5.45pm for 6.15pm start

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