Silver Sneakers Celebrate St Valentines Day

It was a bit of a do, "Love was in the Air" a hearts banner dangled overhead and Valentines Day trivia decorated the walls. The intention was clear that those attending were going to paint the town red.

This was the scene that had been set for the Silver Sneakers Valentines Day exercise session which was held on the 14th of February



Those attending were greeted with a rose scented heart, containing a message of friendship as well as a Roses chocolate (we are told that this was a budgetary compromise on flowers and chocolate).

Support for the National Red Heart Foundations "Wear Red for Heart" theme was evident with a swathe of red garments as well as the wonderful donation of gold coins received.

With the volume adjusted, the crowd settled down to listen to the meaning behind the colour of the hearts. The colour Orange to help one get started, nurturing Pink, Yellow for reasoning and self-confidence, Green to calm and refresh, Blue to soothe and

Waterlea Schools Garage Sale

Waterlea School asks the Mangere Bridge Community to help them fundraise for their 'Wet Day Activities' which are needed for each classroom.

If you have anything that you could donate to the Garage Sale it would be greatly appreciated. You can either drop the goods off at the School Office during School hours or phone the Waterlea School Office on 636 4233, leave a message plus your phone number and we will get back to you.

Come along to Waterlea Schools Garage Sale Extravaganza on Saturday the 15th March from 8.00am to 12.00pm at the David Lange Hall -Waterlea School - House Avenue - Mangere Bridge

encourage creativity, imaginative romantic Purple with Red which is the colour of energy and vitality to stimulate a faster heart beat.

With the music commencing "Kissing Bug" got the peoples attention and couples got up and started exercising to strains of "Satin Doll" and Chapel of Love". Just looking at the faces you could see that their hearts were in it as they rocked, mamboed, sambaed and did the rumba all the while testing their balance and challenging their memories as they took a turn around the room.

Silver Sneakers is an exercise group, suitable for seniors, who meet every Tuesday and Thursday at the Senior Citizens' Hall, 3 Pearce Street, Onehunga. Sessions start at 9 30am and finish at 10 30am

New members are very welcome and they emphasise the fact that no experience is necessary.

A donation of \$4.00 per class goes towards running

If you require any further information please contact Kimi by phoning (09) 630 0629

LOST IN THE LIBRARY?

Book a place on a tour of the library

A tour of the Library and of the catalogue will be held at the Mangere Bridge Library on Tuesday the 18th of March at 10.30am.

Bookings are essential as places are limited.

To make a booking contact the Library on 636 6797 or e-mail: mangerebridge.library@manukau.govt.nz

What's on at the Bridge

Every Wed Mangere Bridge Plunket Indoor Bowls Names by 7.20pm Mangere Memorial Hall

Bridge Art Group 9am to Noon Memorial Hall Every Thu

Sunday Walking 2nd Sun's

Tibetian Buddhist Class 7:30pm Brownies 6 - 7.30pm Every Wed

Wed Mon Guides 6 - 8pm

CMA Day Care 9:30am - 12:30pm Every Mon Methodist Church Hall

Mon W.I. second Monday of the month

Cub Scouts Wednesdays 5:30-7:00pm 71/2 - 101/2years Kea Scouts Tuesdays 4.30 - 5.30pm 51/2 - 71/2 years Thursdays 6:30 - 8:30pm 101/2 -141/2 years

Mon/Tue/Thu Plunket Playgroup 9.00am - 11.30pm Plunket Toy Library 11.30am - 12.15pm Mon Plunket Toy Library 10.30am - 11.30pm

Mon/Thu Plunket Car Seat Rentals 12.45 - 2.45pm Plunket Rooms. 5 Taylor Road. M/Bridge Mangere Bridge Walking group 9:00am

Tue - Thur Mon, Wed, Fri Mangere Bridge Playcentre

9.15am-12.15pm, Domain Road

3rd Wed R & R Meeting 7.30pm St James Church Hall Every Fri Sing-a-long Storytime 10.30am LIbrary Senior Citizens Housie, 1.00pm Bridge Crt Hall St John Youth- every Mon 6:30 - 8:00pm Mon/Wed

Wed Exercise Classes with DYNABANDS Manukau Yacht Club 6.30pm - 7.30pm

Last Tues Cafe Church at Latin Coffee 7.00pm

Yoga 6.30 - 8 pm Mangere Mountain Wed Education Centre

Art &Craft 1st & 3rd Saturday of the month Village Sq. Market

Senior Citizens Travel Club, Day Trips every first Thursday Phone 634 1062 1st Thu

Mathematics/Mandarin Tuition Phone 622 2688 or 021 135 0368

Mangere Bridge Women's Institute

The first meeting of 2008 saw a good turnout of members with some having had no contact with one another since early in December. Members took the opportunity, during the early part of the meeting, to catch up with each others news.

The Institutes most senior members, sister Edna and Gwenda attended the meeting and were seen enjoying their games of housie.

With very little business having occurred over the Christmas and New Year break the meeting was brief. This gave members the opportunity to relate what they had done over the break or where they had spent Christmas Day.

The 'Skite Table' featured a lovely display of crocheted blankets, fleece rugs, knitted jackets, slippers and booties, all to be donated to the Plunket Society as well as Kidz First Hospital by the Institute.

The competitions continue to prove popular. This month, in addition to an amazing display of flowers, despite the hot dry weather, there was also a shortbread section that attracted mouthwatering entries.

The next meeting of the Institute, starting with the social hour at 10.30am, will take place at the St James' Church Hall on Monday the 10th of March

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Village

Hello everyone,

With the warm weather continuing it is hard to believe that we are heading into Autumn. It is still very pleasant to visit the Village and enjoy the live music on Thursday evenings. Remember that a number of shops are open until 6.00pm during the week and most open on Saturday morning till 12.00 or 12.30pm

St Patrick's Day, 17 March: The Village will celebrate this popular event with a Market Day. From 11.30am to 1.30pm and from 6.00pm to 9.00pm there will be Irish Bands and possibly some dancers too. Watch out for programme posters. If you buy anything at the Village between 10 March and Monday17 March write your details on the back of the receipt and put it in the shops competition box. The draw will take place at 8.00pm on Monday the 17th.

Character Update: The Graffiti on the benches has been difficult to get rid of using stain. To overcome the problem, and after much deliberation, it was decided that the benches would be painted the same green as those in the Naomi and Bill Kirk Park

Calendars 2009: I am looking for old photos of Mangere Bridge for the proposed Calendar Project; "Mangere Bridge Now & Then"

Craft Market: For a while we haven't had a good run with the weather on Saturdays but, weather permitting, it will start running from 9.00am to 1.00pm on the first and third Saturday each month or if wet the following

Village Focus: The Discount Liquor and Wine Cellar store will have some specials for St Patrick's Day. Pop in and talk to Aptar or Satvir for more information. They also stock a very good range of top quality wines and will be involved in the Food & Wine Festival.

Wizard Home Loans is running information evenings for first home buyers. Details are available from their office.

I am available, by appointment, at the Management Office, Tues, Wed and Thurs afternoons. Phone 636 7491.

e-mail: mbvillage@maxnet.co.nz website: www.mangere-bridge.co.nz

kind regards Carol-Anne Armitage Village Manager

Mangere Bridge Progressive Business Association

Citizens Advice Awareness Week

"Working with people face to face is one of the great strengths of the Citizens Advice Bureau and one of the joys of being a Citizens Advice Bureau volunteer" says Jean Collis from the mangere Citizens Advice Bureau. It is a rarity these days to be able to access help and advice from real people in ones own community and working as a volunteer at a Citizens Advice Bureau is a wonderful way for a person to interact and connect with people in the community. Citizens Advice Awareness Week 2008 commences on Monday the 10th of March with the theme - Real Voices, Real People for all People - Jean Collis says that the theme emphasizes the uniqueness of the free and personal service which anyone can access from 91 locations stretching from Northland to Invercargill.

"It is the right of every person to have access to information on issues that affect their daily lives and the support the Bureau is especially important for people new to an area or those who have recently arrived in New Zealand and who may not know where or how to get the information and help they need" says Jean.

Last year volunteers received over 640,000 enquiries on issues ranging from immigration, housing and employment to consumer rights, health and family. During Citizens Advice Week 2008 volunteers will be promoting their services through a range of activities. The Mangere Citizens Advice Bureau will provide local agencies with CAB information packs; host a colouring-in competition (colouring-in templates are available in the Library at the Mangere Town Centre) for children under the age of 12: have a display in the Library outlining the services the

Car Boot Sale and Market Day 15th of March

Come and enjoy the Ambury Park Centre Annual Fundraising Day on Saturday the 15th of March from 9.00 am. to 1.00 pm

It is important to note that this is NOT being held at Ambury Farm but at the Ambury Park Centre, 66 Wellesley Road, Mangere Bridge.

There are trees and shaded areas for the stall holders while gazebos and umbrellas for those stallholders wishing to bring them are welcome.

Plants, Produce, Jewellery, Crafts and much more Interested Stallholders - \$10 per Car Stall.

For more information or assistance please call (09) 636 9377 or (09) 634 0763

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Mangere CAB provides and host visitors to the Mangere CAB who wish to see what the service is able to offer or alternatively discuss what is entailed in becoming a volunteer.

The CAB is an independent community organisation that provides a FREE, IMPARTIAL and CONFI-DENTIAL service of information, assistance and referral for people in the community Monday to Friday from 9.00am to 4.00pm and from 9.00am to 12.30pm on Saturdays.

For further information contact the Mangere Citizens Advice Bureau on 275 6885

Mangere Bridge Plunket Indoor **Bowling Club**

The Mangere Bridge Plunket Indoor Bowling Club is looking for new members and offers an invitation to all those who have a Wednesday evening free and would like some sociable light exercise to come along and give it a go.

Play is at the Memorial Hall in Domain Road starting at 7.30pm. Three games are played, with supper being provided after the second game. Games finish at 10.00pm approximately.

You do not have to have any expensive equipment All you need are soft soled shoes for walking on the

The first night is free, then after that it is \$2.00 an evening. The yearly sub is \$18.

For further information call Charlie on 622 3254, Marilyn on 634 2241 or Fred on 275 6623

St James Live **Study Broadcast** on 106.7 FM

St James Anglican Church is preparing to run an on the air DVD and Group Study after Easter. It is anticipated there will be the ability to pone in during the sessions with questions. Anyone interested in joining in this on the air on SJAC 106.7fm from St James Community Radio please contact Les on 634 3009 for more information or to register your





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Summer At Ambury Park

Summer at Ambury has been hot and dry.

While numerous Park visitors took advantage of the free barbeques and shade, the campground was also well utilized, with many tourists choosing to enjoy the locality of the Farm, the view at the campground and the farm animals.

While all this was positive there has also been a negative as the Park has had a few things go missing. The milking shed lost some stainless steel items which will cost close to \$1500 to replace. Being custom made, who ever took the items did not give thought to the numerous people who visit the farm to watch the free cow milking during the milking season and who now could miss out.

In addition to this they have also had some chickens stolen. Disappointingly the black and white ornamental Chinese Silkies were targeted. These chickens were quite old, no longer fertile and had been the farms pets for many years. The Farm is still hopeful that someone will return them.

March will see the rams going out to the ewes and the calves being weaned.

This is the best time of the year to see the great

Learners and HT License - Phone Sam Patua on

Aged Concern - Safe with age Phone 279 4331 SIn

House Counselling - Friday am Phone 277 5337 to

Games Morning - Scrabble, Rummicub - Thursday

Tai Chi - Monday 1.00pm po 2.00 pm - Gold Coin

Drivers Licence - Beginners, Restricted, Full and

HT, phone Harry on 257 2099 or Sam on 257 4213

Understanding Anger when Anger Hurts - phone

They also have rooms for hire. To obtain more infor-

mation visit their website www.manukau.govt.nz the Key Words: Mangere Community House

Widow and Widower Group - phone 275 4920

AA Aroha - Sundays 7.00pm Phone 636 8281

Jigsaw Morning - Friday 10.00am to 11.00am,

257 4881 or Harry Barrett on 257 2009

10. 00am to 11.00am, all welcome

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City Council

make an appointment

all welcome

275 4920

Mangere

Community

House

Programmes

diversity of birds for those interested in the wader population on the bird islands along Watercares Coastal Walkway.

Wrybil and Spoonbills have not left to breed while the Godwits and Knots have returned from their Alaskan migration.

Those interested in volunteering to help the wader bird community can contact the Park on 636 6118.

You are asked to take note of three things:

(i) Residents living around Ambury are asked to keep their cats locked up at night as they are the biggest predator of the wader birds.

(ii) On Sunday the 16th of March the Park will hold their Ambury Easter Cleanup along the foreshore and parkland. The day starts at 9.30am and will finish with a sausage sizzle and Easter Egg hunt for the children around 1.00pm. You are asked to bring fully enclosed footwear, sunscreen/hat and a drink of water. Gloves and bags will be supplied.

(iii) The Women's REAL Duathon will take place on the 11th May. It would seem that some ladies are already biking and running the course.

NZ's Worst **Maritime Disaster** Commemorated

A successful Annual Orpheus Festival commemorating New Zealand's worst maritime disaster was held on Saturday the 9th of February. The parade was followed by entertainment which included Morris dancers, the Greater Auckland Chorus of Sweet Adelines, Edwina Thorne and the Onehunga Jazz Band and a drill and presentation of arms by the 65th Regiment. The festival culminated with the firing of the cannon.

The 'Orpheus Festival' Committee and the Rotary Club of Mangere thank all those who donated equipment, time, effort and money to ensure the day was

The raffle was won by Mrs Nieuwenbroek and the Orpheus Biscuit recipe competition by Mrs Margaret Bovey.

Planning is already underway for next year's festival with possibly more focus on the history of the Manukau Harbour

Bridge Park Bowling Club

Recent results from tournaments and competitions

Tournament 15.12.07

1st E. Jacobsen (S), G. Copland, J. Brown

2nd R. Russell (Mangere)

O. Speer (S), N. Martin, A. Rogers 3rd

4th C/ Sibley (Otahuhu Railway)

D. Mc Gowan (Howick)

Lucky Skip M. Stone

Two T. Pepper

Lead G. Alley (Pakuranga)

Mixed Pairs

1st. M. Stone (S), F. Stone R/Up G. Copland (S), J. Fitzpatrick

Women's Champion Fours

B. Hotene (S), J. Hunt, J. McGillicudy, J. Wood R/Up A. Smith (S), A. Rogers, J. Fitzpatrick

Tournament 5, 2, 08

1st. J. McGillicudy (S), F. Stone, M. Garnham

2nd P. Jellicich (S), S. Dempsey, G. Mincher

C. Boyle (Balmoral) 3rd

4th B. Foster (Epsom)

Lucky Skip E. Jacobsen

Two J. Wood

Lead F. Williams (Epsom)

Harlich Cup

1st. J. Moore (S), J. Wood, S. Caine R/up F. Stone (S), T. Pepper, A. Leaf

If you happened to have seen the TV coverage of the World Bowls held in Christchurch recently, where New Zealand won several medals four of them 'Gold', and you found that it gave you the itch to give it a go then there is no better place to start than at the friendly

Bridge Park Bowling Club.

Never held a bowl? Don't worry coaching is available. For more particulars or assistance phone 634 1102

Join the St Johns Youth Division Today

They are not just about First Aid! They provide a FUN and SAFE environment where young people can learn self discipline and valuable life skills.

The Penguin Programme caters for 6-8 year olds where they learn a variety of skills

The Youth Programme caters to those 8-18 year olds where the focus is on learning First Aid, Health Care, Leadership skills and working toward the Grand Prior's Badge Award.

Division Nights are held Monday nights through the School Term from 6.30pm to 8.00pm.

The cost? A donation of \$10 per School Term or \$40 per School Year

For more information contact Rebekah Judd on (09) 625 5992 or e-mail rebekahjudd@hotmail.com

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Historical Society

Mangere Historical Society learnt of the history of James Cook and his voyages of discovery in the 1700's from Glen Bernard of the Maritime Museum. Glen spoke of the early European sailors who travelled to the Deep South - Abel Tasman who while stationed in the Dutch East Indies had journeyed south looking for the Great South Continent, missed Australia but did discover Tasmania. Then sailing east sighted Punakaiki Rocks before travelling north to Golden Bay but never landed at either.

However he did leave a squiggle on his discovery map of the South Island and this was something which intrigued other mariners in later years.

Good at mathematics James Cook learned how to use the sextant for navigation. Transferring to the navy, his expertise was noted and this led to his surveying the St Lawrence Waterway. These maps of his were used for many decades.

Sent in the 'Endeavour' to observe the transit of Venus from Tahiti Cook later sailed south looking

Bridgemen Meet Monthly

The Bridge Men's Group meets monthly on the third Saturday of each month at 8.00am.

This is a support group for men from all areas, to discuss issues affecting men at home and at work over a great breakfast of bacon and eggs, fruit and cereals, coffee or tea etc.

Open to men's older sons to enable some quality father and son shared time.

For cost and venue contact Les on 634 3009

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for the land that Tasman had touched. Initially finding the East Coast of New Zealand he sailed north and visited the Coromandel Peninsula but somehow missed the Waitemata Harbour completely.

Members of the Historical Society were shown a map drawn from this voyage which proved to be remarkably correct.

The members of the Historical Society were delighted to have had such a knowledgeable person speak on the voyages of those times.

The next meeting of the Society is at the Selwyn Church Hall at 1.30pm. Visitors are always welcome

WANTED - PIANIST for a home grown musical Rehearsals commence in June, three

performances in September. Guaranteed fun and good company during the winter months. Phone Di on 634 2003 or 027 299 3692

Hartley 16 Nationals Results

The Hartley 16 Nationals 2008 results were: 1st "Panache" Chris Reid/Emma Steiner - Napier 2nd "Tickled Pink" Thijs Calkoen/Ian Cameron 3rd "Veloce" Roger Hall/Bill Hartley - Manukau It has been proposed the the Hartley 16 Champs be sailed at Maraetai this year. The feed back has been positive with many sailors indicating that they would like to do some sailing on the Waitemata.

The Race Day Hotline for updates if the weather is changeable is **021 584 883**

St Patrick's Day at the Village Monday 17 March

Prize Draw Competition

Shop between Monday the 10th and Monday the 17th, write your details on the back of your receipt and put it in the shop's competition box, to go into the draw for a \$50 meat pack from the Village Butchery.

Irish Bands 11.30am - 1.30pm and 6.00pm - 9.00pm

Copy Deadline for April 2008

Deadline for the April Issue is the 20th of March 2008. To ensure that your article makes the April issue fax copy to 634 4251 or

email: mangerebridge@harcourts.co.nz We cannot guarantee a definite delivery time for the

Village Newsletter, however we will do our best to have it delivered before the advertised upcoming events

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Where to Buy Your **Guide Biscuits**

Guide biscuits are about to hit the area.

From March the 1st you can pick up your Girl Guide Biscuits from the Mangere Floral Studio at 23 Coronation Road.

Plain are \$2.80 a packet Chocolate are \$3.00 a packet Mini are \$4.00 a packet

Mangere Bridge School

After a year in Wellington as the President of the NZ Principals Federation Judy Hanna has returned to the school as principal.

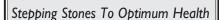
Judy says that on returning she found some things new - a new uniform - four new teachers - a decile change and a wonderful ukulele orchestra.

However she also said that some things were just the same as when she left - school banking - wonderful Wednesday and after school classes.

The school will continue to focus on Literacy and Numeracy as well as learning new technologies in

Exciting events this year include a week long workshop with the Footnote Dance Company and a whole school trip to the orchestra in Aotea Centre.

If you have a child starting school this year please feel free to visit the school and talk to one of the Deputy Principals, Emma Ritzema Bain



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