



The amazing Entertainment books are now available to pre-order for 2017-2018! These are amazing books with huge savings on a lot of different places around Auckland! Contact shane@mangerebridge.co.nz or 021 815 184 or visit https://www.entertainmentbook.co.nz/ orderbooks/1032k86 - the books are \$70 each, if you preorder before the end of April you will recieve an extra \$160 of vouchers!



The Mangere Bridge Trolley Derby is rolling around again, taking place Sunday April 9th. This is our fifth event and we're promising even more fun than our previous years.

The Mangere Bridge Trolley Derby is open to everyone - little kids, big kids, and adults, so there's all sorts of drivers and trolleys taking part. Race Registrations close on April 2nd, if you haven't entered there is still the opportunity to take a drive down the course during our "Have A Go" time period over the lunch break around Midday.

Come on down to check out all the trolleys and the racing action. The trolleys will be on display from 9am, and then warmup and racing kicks off around 9:30am until around 2:30pm. There will be races to see who's built the fastest soapbox racer, a show & shine, and some great prizes for Style-Meister. Heats are being run throughout the morning, and then the Semi Finals, and Finals Races after midday.

The Mangere Bridge Scout Group are hoping to bring back the massive "Slip and Slide" so make sure to bring along your togs and towel, plus there will be some great sideshows to take part in, a bouncy castle, and food stalls to keep you fueled up. Pack a picnic and grab a sun umbrella and make a day of it down on the grass in front of the tennis courts or along the side of the course on Taylor Road.

> More information can be found at http://www.mbtrolleyderby.com/ or you can signup at https://mbtrolleyderby2017.lilregie.com/step1

Your community needs

Community Makeover

Mangere Bridge Village needs your help to... Pick up rubbish, Clean Windows, Wash, Weed, Paint, Sweep Saturday May 6th, 2017 8:30am - 12pm

To Volunteer RSVP to Barbara: 269 4080 or barbara.carney@mbct.org.nz

Opening Hours

Monday - Friday 8am to 6pm Saturday 9am to 3pm Sunday 10am to 2pm

Phone: 09 636 4249 Ph/Fax: 09 636 6228

We are in the middle of the village shops Parking in front and behind the Pharmacy

Mangere Bridge Pharmacy 25 Coronation Road Mangere Bridge

Helping the "Bridge" community for over 50 years!

Pop in and see Justin, Zi, Joanna, Luke, Harmonee, and Coreena at YOUR local friendly, family pharmacy.



MONDAY

Guides 6-8pm CMA Day Care 9:30am - 12:30pm Methodist Church Hall. St John Youth - 6:30-8:00pm. Wriggle & Whyme 9:30 - School Term only, MB Library Senior Citizens Housie, 1pm Bridge Crt Hall Plunket Playgroup 9am - 11:30am Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road

TUESDAY

Keas 6-7pm / Cubs 5-7pm Plunket Playgroup 9am - 11:30am Mangere Bridge Walking Group 9am
Meet @ Village noticeboard - 027 201 1981 Mangere Historical Soc 1:30pm St James Hall Church St [3rd tuesday] Library Bookclub 10:30am [2nd tue] Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road Waterlea Indoor Bowling Club - 7:15pm New Members Welcome

WEDNESDAY

Tibetan Buddhist Class 7:30pm Plunket Toy Library 9:30 - 10:30am Yoga 6.30 - 8 pm Mangere Mtn Education Ctr. Mangere Bridge Plunket Indoor Bowls 7.20pm Mangere Memorial Hall Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road R&R Meeting 7.30pm [2nd wed/month] St James Church hall

THURSDAY
Plunket Playgroup 9am - 11:30am
Art Group, 9am - 12:00, Memorial Hall Bridge Park Tennis Club Night 6:00pm Senior Citizens Travel Club, Day Trips phone 526 0250 [1st thur of month] Mangere Bridge Walking Group 9am Meet @ Village noticeboard - 027 201 1981 mainly music 9:30am St James Hall - 622 2807

Sing-a-long storytime 10:30am Library. Playball 2-5 years 9:15-9:55am, Mangere Bridge Scout Hall, Taylor Rd Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road

Probus, Mangere Bridge bowling club phone 634 6091 [4th Fri of month]

SATURDAY: Plunket Toy Library 9:30-10:30am SUNDAY: Village Boutique Market 9am-1pm

Services

Prescriptions Medication Compliance Reviews Medication Unit Packaging Vitamins First Aid L'Oreal Haircare and Skincare Cosmetics



village focus

Can you believe that it's officially autumn? Feels like summer has come and gone so quickly. Hope have all been enjoying what summer had to offer.

We sadly lost one of our trees this month; due to being rotten, the tree became a health and safety issue and had to be chopped down.

We hope that something will be done with the garden soon; we are in discussion with the Council to see what their intentions are.

Upcoming Events + Notices

St Patrick's day 2017:

St Patrick's day celebrations are on Friday the 17th March, we will have a Irish band playing down at the café strip and spot prizes available throughout this time for people dressed in green.

Pop on down and check it out from 5.30-9.30pm

Teddy Bears picnic:

On the 26th of March at Naomi and Bill Kirk reserve, this FREE event is brought to you by the Mangere bridge progressive business association and neighborhood support. Community safety info will be available and a great chance to meet other locals.

Mangere Bridge Trolley Derby:

The date for this event has now been changed to the 9th April, workshops will be running in the lead up to event. Contact details and how to register can be found in the article on the front page.

Bridge Kids Athletics:

It has been great to see so many kids involved in this new weekly event. We have only a few weeks left with the last night being the 15th march; he 22nd march is an end of season fun night for the kids.

I can be contacted on email:

info@mangerebridgevillage.co.nz or I am based in the Harcourts office on Wednesdays and Thursdays.

kind regards

Kate Adams

Village Manager

Mangere Bridge Progressive Business Association

Mangere Historical Society

Lynn Diedricks from South Auckland Research Library was the speaker at the first meeting of the year. She was able to inform the members of all the data available to people wanting to research almost everything concerning Manukau's extensive area of suburbs.

Maps and photos are available and "Footprints of Manukau" provides a comprehensive coverage of early Manukau history. Lynn thanked Mangere Historical Society for the many articles and historical data they were able to provide when this research library was first set up.

Gladys Penman, one of our long time Members, had given hundreds of her late Husband's photos to their data base and they have proved invaluable.

There are Electoral Rolls, Registers of Births, Deaths and Marriages, Baptismal rolls, shipping arrivals, several church histories, cemetery records, Military records, and awards, Honours. The Fencibles, WWI personal in many spheres are listed there. Rolls, and many other things are available.

People are able to book a Librarian, for those not familiar with using the computers and microfisch that hold so much information, to have assistance in their research. It was wise to ring and book a time they were coming out and tell the librarian about what they were looking for so they could do a little research and locate data in advance. We all learnt so much about this facility available to all searching for information about their area, family, school or whatever.

The third Tuesday of each month is when the meetings are held at St James Church hall Church Rd at 1:30. All welcome

The Poppy-Mai Foundation's **Amazing Race**

July 8 2017

Registration: From 9am, Race 10am

A race for ALL AGES in Mangere Bridge

Entry Fee*: \$30 per person or \$50 per team of 2

* Includes tee shirt, bottled water, team lanyard, team photo and certificate of completion.

Winners Medals, Spot Prizes, Raffles with AMAZING prizes!

To register/get more information;

call Shelley on 021 235 4007 or email shelleygreco@gmail.com by June 30

Raising funds for Poppy's Field

Copy Deadline for April 2017

Deadline for the April Issue is the 22nd March. To ensure that your article makes the April issue please email your articles to articles@mangerebridge.co.nz. We cannot guarantee a definite delivery time for the Village Newsletter, however we will do our best to have it delivered before the advertised upcoming events.



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Contact

Chris Lockett

66 Kiwi Esplanade, Mangere Bridge Mobile: 021 259 5516 Home: 636 4929

Mangere Mountain Community Education Centre

Nestlé Cook for Life - Ka Tuna Ka Ora, has partnered with Mangere Mountain Education Centre (MMEC) with the aim of delivering a unique, interactive daylong workshop to over 750 secondary school students across Auckland this year.

MMEC is a community and educational hub that offers schools an educational programme on ancient Māori heritage, cultivation and harvesting on Mangere Mountain as well as learning about the science of agriculture in their three communal gardens.

The partnership with Nestlé Cook for Life provides the final tier to MMEC's existing programme; where students can apply their newly found knowledge to cook and create healthy affordable family meals that include traditional Maori food crops they have collected from the nutrient rich soils of the communal gardens.

At the end of the module, students will get to share and enjoy the healthy meal they learned how to cook. The interactive programme, led by MMEC team members and volunteers,' educates secondary school students on how heritage crops, derived from the original plants Māori ancestors used 18,000 years ago can be integrated into our lives today.

The introduction of the newly added Nestlé Cook for Life, Ka Tuna Ka Ora module is a major asset to the programme given that it provides everything needed to give students a highquality, tangible lesson on nutrition and cooking. Students will leave MMEC with newfound skills and an appreciation for the connection between the land and their wellbeing.

Mangere Mountain Education Centre CEO, Simon Kozak, recognises the significance this new partnership brings.

"At MMEC our core values revolve around curating the landscape and engaging, educating and serving our communities. The Nestlé CFL module raises our existing programme to another level, giving our iwi leaders and tutors the skills, ideas and resources to teach important cooking skills that young people and their whanau can benefit from," he says.

Nestlé New Zealand CEO, Veronique Cremades, is looking forward to broadening the Nestlé Cook for Life programme as it allows more young people to learn vital cooking skills and nutritional knowledge that can be shared with their families and wider community.

"Small changes over time can make a big difference, especially in young adults who are still forming lifetime habits. The relationship with MMEC is the start of a bigger picture allowing us to pass the skills onto a larger group of people to ensure every New Zealander can live a healthy and active life," she says.

Last year a pilot workshop was completed with Mangere College, 25 students participated in the full day event and learnt about New Zealand's Maori heritage and how easy it was to be confident in the kitchen.

Mangere College Principal, Tom Webb says there is a real need for today's children to not only hear about healthy eating but also learn how to practically apply that, in an easy and affordable way.

"Unfortunately children find it easier to go and grab takeaways from the corner store because they lack the skills and confidence to prepare a meal in the kitchen for themselves. MMEC and Nestlé CFL's workshop links the strong cultural heritage of Maori harvesting while building their confidence through education and guided practice," he says.

Mangere Mountain Education Centre is asking schools to express their interest in joining workshops during the first term of 2017. These workshops will be the first time the Nestlé Cook for Life, Ka Tuna Ka Ora module will be offered to schools as part of the MMEC experience. To register interest or to find out more information please contact:

(09) 634 7305 or email visitorcare@mmet.co.nz.

Business

Do you have a business that you want to advertise to the Mangere **Bridge Community?** Contact us for our very reasonable rates - Contact 021 815 184 or

shane@mangerebridge.co.nz

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Direction and **Motivation**

Aaron is a great guy. He likes people. He's got an OK job - earns reasonable money.

But he feels something is missing.

Feels like he's coming up against a kind of invisible brick wall.

Life Coaching

First 10 people 1 hour No charge

He's tried to work out the reasons but can't seem to get a handle on whats happening.

He'd heard from a friend about Life Coaching and decided to try it out.

Could this be similar to your situation? Find out.

Call or email Peter Judd 029 634 1709 or peterjudd.lifecoach@gmail.com

Easter Services at St James Palm Sunday: 9am April 9th - Holy Communion with the blessing of the Palm Crosses.

Maundy Thursday: 7.00 pm April 13th - Footwashing Service. Holy Communion. Plus reenactment of Jesus washing his disciple's feet. A service of humility.

Good Friday: April 14th (Times below) - The Good Friday service begins with a procession of the Cross and prayer stations beginning outside the Hammer Hardware in the Bridge Village at 8.30 am. With the Good Friday reflection service at the church at 9.00 am.

Easter Eve: Saturday 11:30pm April 15 (Midnight Service) - This service begins at 11.30 pm. With the service of light and the re-lighting of the Paschal Candle (the Light of Christ) which will then be lighted at each Sunday service until the beginning of lent in 2018. Followed by the first Holy Communion for Easter at 12.00 midnight.

Easter Day: Sunday 9:00am April 16 - Service at 9.00 am. The day of resurrection. Holy

Everybody is welcome to our services, and all those who are baptised into the Christian faith are invited to join us in the Holy Communion celebrations.

Services are broadcast live to the Parish on Worship Live SJAC 106.7fm

St James Church Community low power FM Radio Station.

For more information contact us on ph. 09 6343009 or email radio@xtra.co.nz.

Web: www.st-james-nz.org.

Cards of Mangere

Cards of Mangere Bridge scenes by local artist can be purchased at the Mangere Bridge Pharmacy.





Citizens Advice Bureau Mangere Bridge Post office Village Management Office Emergencies

275 6885 636 9645 634 4250

Mangere Bridge Community Information Services Village Newsletter 021 815 184

Mangere Bridge Website 021 815 184 articles@mangerebridge.co.nz Advertising shane@mangerebridge.co.nz newsletter@mangerebridge.co.nz

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