

VILLAGE NEWSLETTER

Volume No 158

August 2011



entertainment

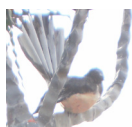
The Entertainment books for 2011/12 are now available! if you would like to purchase one please email shane@mangerebridge.co.nz or call 021 815 184

Mountain View School's Jeff Thomson Sculpture



If Mangere Bridge residents are walking or driving down Miller Road they can view the magnificent corrugated iron sculpture created by New Zealand Artist Jeff Thomson. He worked with Mountain View School children to create the design of a cabbage tree with a Fantail, Wood Pigeon and Tui in the branches and a Weta climbing up the

trunk. This amazing sculpture is framed against the Mountain View School Events centre and is easily viewed from the road.



The Mangere Citizens Advice Bureau cordially invites the community to attend the Mangere CAB Annual General Meeting to be held on Tuesday 16th of August 2011 10.00AM at Te Karaiti Te Pou Herenga Waka, corner Orly Avenue and Cape Road, Mangere.

Silver Sneakers

Gentle Exercise, Just the ticket.

Exercise is your ticket to the best time of your life. Join Kimi and friends for a fun hour of strengthening, stretching and fitness movements, set to toe-tapping, sing-along music.

Free entry on first class, \$4 thereafter

Qualified Group Fitness Instructor and First Aider.

Silver Sneakers Group Fitness, Tues & Thurs 9:30 - 10:30am, Senior Citizens' Hall, 3 Pearce St, Onehunga

Phone Kimi 630-0629 or email kimi.w.nz@xtra.co.nz for more info

Mangere C.A.B

The Mangere Citizens Advice Bureau cordially invites the community to attend the Mangere CAB Annual General Meeting to be held on Tuesday 16th of August 2011 10.00AM at Te Karaiti Te Pou Herenga Waka, corner Orly Avenue and Cape Road, Mangere.

What's on in the Bridge

- Monday:** Guides 6 - 8pm.
CMA Day Care 9:30am - 12:30pm.
Methodist Church Hall.
St John Youth- every Mon 6:30 - 8:00pm.
Tai Chi All ages, \$6 for students - 7pm
St James' Church Hall - Phone 266 7473.
- Tuesday:** Pippins 4:30 - 5:30pm
Keas 4 - 5pm
Cubs 4 - 5:30pm
- Wednesday:** Brownies 6 - 7:30pm
Tibetan Buddhist Class 7:30pm
Plunket Toy Library 9:30am - 10:30am
Yoga 6.30 - 8 pm Mangere Mountain Education Centre.
Mangere Bridge Plunket Indoor Bowls Names by 7.20pm Mangere Memorial Hall.
Exercise Classes with DYNABANDS Manukau Yacht Club 6.30pm - 7.30pm.
Plunket car seat rentals 9:30 am- 12:30pm
Plunket Rooms, 5 Taylor Road
- Thursday:** Bridge Art Group, 9am - Noon, Memorial Hall
Scouts 6:30 - 8:30pm.
- Friday:** Sing-a-long storytime 10:30am Library.
- Saturday:** Plunket Toy Library 9:30 - 10:30am
- Mon/Tue/Thur** - Plunket Playgroup 9am - 11:30am
- Mon/Wed:** Senior Citizens Housie, 1pm Bridge Crt Hall
- 2nd Sun's:** Sunday Walking
- Tue - Thur:** Mangere Bridge Walking group 9:00am
- Mon, Tues, Wed, Fri** Mangere Bridge Playcentre 9.15am-12.15pm, Domain Road
- 3rd Wed:** R & R Meeting 7.30pm St James Church Hall
- 1st Thu:** Senior Citizens Travel Clue, Day Trips phone 634 1062.
- 1st & 3rd Sat:** Village Square Market.
- Contact Details for Scouts - 0800 Scouts

Advertising plays a huge part in this newsletter and without the Business's advertising in the newsletter we wouldn't be able to keep it going, we are currently needing business's to advertise in the Mangere Bridge Newsletter so please get in touch at shane@mangerebridge.co.nz or 021 815 184

Opening Hours

Monday - Wednesday 9am to 5:30pm
Thursday - Friday 9am to 6:00pm
Saturday 9am to 1:00pm

Phone: 09 636 4249

Ph/Fax: 09 636 6228

We are in the middle of the village shops
Parking in front and behind the Pharmacy

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Cosmetics
Gifts

Village Happenings

with Carol Anne

The Village was a flurry of activity on 23 July, when about 60 volunteers turned up for the clean-up project. The Manukau Beautification Charitable Trust had things very well organized. There were four zone areas allocated in the village square, each equipped with everything needed for each zone; ladders, brushes, gloves, and cleaning materials - you name it, they had it all ready for the workers.

There was a fabulous feeling of community as the volunteers bustled around the village, washing soffits, facades, shops signs and windows. The Trust team members looked after areas above the verandahs, starting work on some mornings at 5.30am! Next time you are in the village glance upwards and you'll see how clean and fresh everything looks.

On behalf of the Business Association I would like to acknowledge the hard work that Barbara Carney and her team from the Trust put into the Clean-Up Project. Ours was only one of ten shopping areas that they are looking after. Other groups that rolled up their sleeves on the day were, Scouts, Residents & Ratepayers and RAV plus many other adults and children who were kept fed and watered by Super Value, Ros Bake and Ruby Red Café.

Village Focus - Hammer Hardware: With Spring just around the corner it's time to be thinking about your DIY list for work in and around your property. Rasheed is a fount of knowledge and can advise you on all sorts of things. He also stocks vegetable and flower plants and seeds all ready for planting into your garden. Hours are Mon - Fri 8am - 5.30pm (6pm after daylight saving), Sat 8am - 5pm.

Mangere Bridge Fruit Supplies (next to hardware): In addition to fruit and vegetables they have a nice selection of flowers, both cut and arrangements. They also now stock a good range of dried herbs, spices, nuts and dried fruit. Hours Mon - Fri 8.30pm - 5.45pm (6pm, after daylight saving), Sat 8.30am - 5.00pm, Sun 9.00am - 12.30pm.

Mangere Bridge Stationery: Raewyn is stocking a very nice range of wooden and educational toys. She even has reusable, enviro-friendly nappies - which are making a come back! They are waterproof with domes, in 26 colours and designs. All sorts of gift ideas... See the new window displays.

Website: For updates on our Adopt-a-second-Team activities check out www.mangere-bridge.co.nz or contact me.

kind regards *Carol-Anne Armitage*

Village Manager

Mangere Bridge Progressive Business Association

Accountant

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ONEHUNGA SCENE

Activities Club

Friday every Week, 1.00pm to 2.30pm

Indoor Bowls, Scrabble, Cards, Books & Magazines

Monthly Meeting

1st Tuesday every Month, 1.00pm to 2.30pm

Informative Speakers, Entertainment, Exercise & Tasty Afternoon Tea

2nd August, A little bit of country & other nostalgic songs by Maureen & Rick

6th September, Auckland in the 50's, Movie Archives.

4th October, Birthday Celebrations, Entertainment and Fun

50's Forward are welcome to our programmes

Gold coin donation is appreciated

3 Pearce Street, Onehunga, Auckland

Onehunga Community Centre Ph 6349253 or

Shirley Rutley Email shirley.michael@xtra.co.nz



Mangere Community House

New Tai Liu Chuan Fa - with Danny Wilson start date 16th August Tuesday 7.00-9.00 8 wks \$35.00

Suitable for both male and females, this class involves basic Southern Style along with Self Defence. 'Tai Liu Chuan Fa is a southern, soft style form of Chinese Temple Boxing (Gung-Fu), which was taught to Sigung Saul Tallbear throughout his 24 year studies with Grandmaster Tien Kwai Suu of Kwangsi, China. Tai Liu Chuan Fa is an eclectic, southern form of Gung-Fu, which seems to resemble Wing Chun, Chin-Na, Eagle Claw, Southern Praying Mantis, and Mawk Gar styles of Gung-Fu. Please go to this website for further information - <http://www.tallbearstailiuchuanfa.com>

Harakeke Flax Weaving - Beginners Class with tutor Annie Jane Ah Mu. Starts Friday 19th August 6.00-9.00pm for 5 wks. Fee \$25

Learn basic weaving techniques to accomplish projects like flowers, stars, fish, small baskets. Understand basic Te Reo and protocol awareness associated with Harakeke. For the first night please bring scissors and clip pegs.

Aged Concern Free Coffee Mornings 9.8.2011 Fire Safety please ph 279 4331 x 800 to register your interest.

Looking for Direction - Private Readings, Healing...ph Helen 275 5337 for more details

Interested in joining a low impact dancing in your chair class. if you are interested then please let me know ph Joanna 275 4920

Women Matter!

Coaching is something that would help most people. Still, many people do not understand what it is or what benefits they can receive from a personal coach. "Coaching is similar to having a personal trainer at the gym. With a personal trainer you are more likely to achieve better results than plodding along on your own. You can plod along in life without thinking too much and get so so results or you can work with a good coach and achieve well defined results" says coach Jenni Fernandez. Working with a coach helps you, achieve specific personal or professional results through a process. Jenni Fernandez along with fellow coach and Hypnotherapist Janet Dougherty have created a seminar series called Women Matter. Their focus is to assist women. Whether it is financial worries, lack of clarity or direction, health concerns or unhappy relationship, the Women Matter seminar series looks to have something for all women. Women Matter Event Mangere Bridge is at the Manukau Motor Boat and Yacht Club on Kiwi Esplanade, 10th Sept. www.womenmatter.co.nz

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66 Kiwi Esplanade, Mangere Bridge

Art Showcase - The Mangere Bridge Art Group

Annual Spring Exhibition - Original Paintings at affordable prices.

When: Saturday 27th & Sunday 28th August

Time: 10 am - 4 pm

Where: St James Church Hall, Church Rd, Mangere Bridge

FREE ADMISSION - REFRESHMENTS - ALL ART WORK FOR SALE

(cash/cheque/visa/m/card accepted)

Time to spare or skills to share? Volunteer for your local Citizen

Advice Bureau

"The CAB is all about the client – making sure that individuals do not suffer through ignorance of their rights and responsibilities and that their local and national communities are responsibly developed.

Volunteers are the life-blood of the CAB and volunteerism is a valued principle under which we work. In New Zealand the over 2,600 Volunteers who deliver the service to clients are called Bureau Interviewers. This is because the primary way we work with clients is by asking them questions, and then actively listening to the answers, to find out what information, advice and support they really need. But it takes a team to support our clients and there is more to do at a CAB besides interviewing clients.

Since 2010 Bureau have been using an internet-based system to record client enquiries (anonymously) and to operate the national database from. Understandably, this has increased the need for information technology support. If you know something about computers and IT, then get involved by offering your specialist knowledge to your local bureau".

You can visit, phone, email the CAB, or visit the website at www.cab.org.nz for more information on how to get involved. We are situated in the Mangere Town Centre behind the Library (Orly Avenue side). Phone 275 6885. Email cab.mangere@xtra.co.nz The next Basic Training Course starts Tuesday August 9, 2011.

Copper Theft - Icon Security

Theft of copper is on the rise in both the Auckland City and Counties Manukau areas.

Thieves are targeting earth wires from power poles that are part of a safety system for power delivery.

They are stealing underground telecommunication cables that can deprive public access to telephones including emergency calls.

They are stealing covers from water delivery pipelines that could compromise water safety standards, and metal covers which give access to underground cabling.

They are stealing hot water cylinders leaving water damage and exposed wiring in houses.

They are stealing power cables from road lighting systems, which may endanger the travelling public.

What I would ask is that people take registration numbers down of vehicles they see working around power poles, substations and even seen pulling cable from the ground. Some of these people may look legitimate as in a sign written van and wearing reflectorised vest or even have coned off areas with bobcats digging stuff up. Our info is that novice and tradesman types are stealing these things.

These registration numbers can then be rung through to crimestoppers on 0800 555 111 as suspect vehicles possibly stealing copper and this will filter back to me via them.

In the extreme - if it is late at night and you see a vehicle parked on the side of the road and persons around a power pole this would justify a 111 call to Police.



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Troup Funeral Home has been accepted as a member of the Funeral Directors Association of New Zealand and adhere to FDANZ code of ethics.

Troup Funeral Home is situated on the corner of Kolmar Rd and Weston Ave in Papatoetoe but they are available to serve all areas of Auckland.

Dianne Troup is a qualified Funeral Director with many years experience and she is joined by Karlene who is also a Funeral Director and for many years worked with grieving families at Middlemore Hospital.

The death of someone we love affects us in many different ways. Dianne and Karlene care for the deceased, and their families in a way that recognises the uniqueness of the grieving experience. Using their natural compassion they will calmly, honestly and clearly guide you through the many decisions involved in arranging a funeral.

They are available to discuss any questions you may have at any time and welcome the opportunity to reassure and inform you.



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Santa Parade - Thursday 1 December

Yes, it's that time of the year already and the Santa Parade is not so far off so it's time to do some creative thinking for your floats! It would be great to see a combined churches float this year for the nativity.

It's also a great opportunity to publicize your club or group during the entertainment that follows after the parade. Space will be allocated for participants to erect tents and for stalls.

If you would like to take part this year please contact Carol-Anne on 636 7491 or info@mangere-bridge.co.nz.

Onehunga Community Centre

83 Church Str Onehunga (by the library) Ph 6349253

For all our classes check out our website www.onehungacentre.org.nz

MONDAYS - ACTIVE MUSIC & MOVEMENT

GOLD COIN

Class 1: Jam'in with Jane 9.30am - 10.10am

Fun structured learning thru Rhyme, Rhythm and song

Class 2: Looney Tunes 10.30am - 11.10am

Wiggle, dance, clap, sing. This class is less structured than class 1 earlier.

Fibre Space (Sewing Classes) 9.30am - 11.30pm / 12.30 - 2.30pm \$5

Sewing machines & equipment provided. Next classes start 22nd August, bookings essential

THE ART OF MAORI WEAVING 11.30am - 1.30pm GOLD COIN

Come along and meet Annie our new tutor, an experienced flax weaving teacher to learn this wonderful culture art form.

WAIATA 1.30pm - 2.40pm

FREE

Learn Maori thru song. This is a group of mixed ethnicity New Zealanders who love to sing.

TUESDAYS - ZUMBA - NEW 9.30am - 10.30am

\$2

Fun, Fitness Everyone welcome.. Children can zumba too!

JEWELLERY MAKING 12.30pm - 2.30pm

\$5

Hands on class learning to make jewellery with materials that are recycled or cheap. Great for you or for gifts.

WEDNESDAYS - CHI BALL 10am-11.30am

\$5 (also on Mondays)

Mind-Body exercise and wellness programme that promotes balance, well-being, harmony. Our instructor is a qualified registered professional.

RIP IT DANCE 4pm-5pm

FREE

Youth dance (hip hop) class, boys & girls 8-12yrs. Awesome Aunshai is a fabulous dance instructor.

THURSDAYS - KNITWIZZ 1pm-3pm

GOLD COIN

Knitting, crochet, embroidery. Come along, learn or show off your hand craft. Join a great group of all ages

Y-BOXFIT 4pm-5pm

FREE

High energy fun & fitness suitable for both boys & girls from 11 - 15yrs. Qualified YMCA instructor.

FRIDAYS - PICASSO KIDZ 10.00am - 11.00am

\$5

Art is such a fun and creative way for 2-5yrs to develop their fine motor skills. This class requires parent interaction, is structured with flexible elements to adapt for different levels.

ONEHUNGA SCENE ACTIVITIES 12.30pm-2.30pm

GOLD COIN

Onehunga SCENE invites you & your friends to join us for a social afternoon of Indoor Bowls, scrabble, cards, books and magazines. All equipment provided as well as light refreshments. Retired or semi retired 55+ social group.



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Important Contact Details:

Citizens Advice Bureau	275 6885
Mangere Bridge Post office	636 9645
Village Management Office	636 7491
Mangere Bridge Community Information Services	
Village Newsletter	021 815 184
Mangere Bridge Website	021 815 184
Articles	articles@mangerebridge.co.nz
Advertising	shane@mangerebridge.co.nz
Other	newsletter@mangerebridge.co.nz

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Copy Deadline for September 2011

Deadline for the September Issue is the 24rd August 2011.
To ensure that your article makes the September issue
please email your articles to articles@mangerebridge.co.nz

**We cannot guarantee a definite delivery time for the
Village Newsletter, however we will do our best to have
it delivered before the advertised upcoming events**

FINAL DAYS LAN

Do you enjoy playing computer
games? keep to join in with
some competitions? then sign up
at www.fdlan.co.nz and you will
be notified when the next
gaming event is announced

Regular LAN's held in Onehunga

Goto www.fdlan.co.nz for
more information.

Next Event: 26th August.